

Homeworker Plus Ergonomic Office Chair



Homeworker Plus Ergonomic Office Chair Assembly Instructions



A

Locate gas lift into five star base/castors.

B

Locate seat assembly onto gas lift i.e. top of gas lift into circular hole in centre of under-seat mechanism.

C

Locate back into the aperture at the rear of the seat and push firmly into place.



Homeworker Plus Ergonomic Office Chair Operating Instructions

1: Seat Height Adjustment: Raise lever (1) to raise or lower height of seat

2: Back Angle Adjustment: Raise lever (2) to set back angle, push down to lock into desired position.

3: Seat Tilt Adjustment: Lift the lever (3) and apply pressure to the front or back of the seat until the angle is comfortable. Release the lever to lock the seat angle in position.

4 Inflatable Lumbar: The hand pump (4) at the rear of the seat will inflate the lumbar when squeezed. Depressing the valve will deflate the lumbar.

5: Back Height Adjustment: lift the backrest up (5) to desired position. Lift to top and release to return backrest to original start position.

6: Seat Slide: Raise lever (6) to later seat depth by sliding body forward. Release lever to lock into desired position

T Body Weight Tension Adjustment: Wind the hand-wheel (7) clockwise to decrease resistance, allowing for more free movement. Wind the hand-wheel anti-clockwise to increase the resistance.