

# Top tips for a COVID-secure hygiene strategy

Stricter workplace hygiene is going to be pivotal in keeping people safe as we move out of the COVID-19 pandemic and beyond. But what areas of hygiene should we be tackling now? And what are the appropriate measures to take?

Viruses spread through infected droplets emitted by sneezing, coughing and speaking. The most common sources of contamination are:



Human-to-human contact



Touching surfaces



Air

**These are the three main areas you'll need to address in your workplace hygiene strategy.**

## Human-to-human contact

How do we limit the transfer of infected droplets from person to person in the workplace? Here are some ideas:



- Set staff up for homeworking
- Install a welfare monitoring station
- Floor stickers to mark 2m distancing
  - One-way systems
- Desk spacing - remove desks, or rearrange
  - Erect sneeze guards around desks
- Verbal greetings and goodbyes only
- PPE where contact is necessary



## Surfaces

The World Health Organization and other health authorities have emphasised that washing hands and disinfecting frequently touched surfaces daily are key in preventing COVID-19's spread.

**Researchers found viable coronavirus samples could live for up to:**



**Here are some ideas to consider:**



Train staff on workplace hygiene



Hand washing/sanitising stations at entrances/exits



Foot-operated door openers



Ban on shared kitchen equipment



Antimicrobial products

## Air

While AeraMax® Professional air purifiers are highly effective at removing various viruses and airborne pollutants from enclosed spaces, **NO AIR PURIFIER CAN CURRENTLY CLAIM TO CAPTURE AND ELIMINATE COVID-19** — it is simply too early to know. Still, air filtration should be considered as part of a broader proactive hygiene strategy.

AeraMax® Professional air purifiers can mitigate additional pathogens in the air where people are infected, removing pollutants from air and reducing risks for people already infected.

### What do we know about AeraMax®?

- ✓ It can reduce airborne concentrations of influenza A (H1N1) aerosol in a test chamber, reaching 99.9% airborne virus reduction within the first 35 minutes of operation.
- ✓ It is certified to capture 99.97% of pollutants at 0.3 microns.
- ✓ It can capture more than 97.8% of pollutants at 0.1-0.15 microns, via IBR Laboratories test data.



### What next?

Posturite can help you with your hygiene strategy by providing consultation services and a large array of products specifically designed to help with the return to workplace process. Find out more at [posturite.co.uk](http://posturite.co.uk).