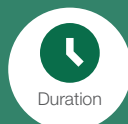




# CitizenAid

## QA Level 2 Award

A course specifically designed to help members of the public learn life saving skills for use in extreme situations.



Duration

3 hours



Number of delegates

Maximum 12 delegates per course

## Overview

This qualification is designed to enable delegates to develop the skills and knowledge needed to guide them to react safely, to pass effective messages to the Emergency Services, to prioritise injury and give life saving first aid in the event of a shooting, stabbing, bombing or other deliberate incident.

Delivered in conjunction with the CitizenAID app or pocket guide, delegates will have an opportunity to practice techniques for dealing with catastrophic bleeding and will be equipped with the knowledge and skills necessary to save lives in the aftermath of a terrorist attack

## Who Should Attend

Anyone wishing to learn life saving skills and techniques in the event of a deliberate multiple casualty incident.

### For more information, dates and bookings:

[training@posturite.co.uk](mailto:training@posturite.co.uk)

0345 345 0010

[posturite.co.uk/training/first-aid/citizenaid](https://posturite.co.uk/training/first-aid/citizenaid)

## Content

- ✓ Introduction
- ✓ Determining appropriate actions in the following situations:
- ✓ Defibrillation
- ✓ Knife attacker or active shooter
- ✓ Exploded bomb
- ✓ Unattended or suspicious item
- ✓ Acid and vehicle attacks
- ✓ Reporting to the Emergency Services
- ✓ Prioritising multiple casualties
- ✓ Provide sufficient information when Emergency Services arrive
- ✓ Dealing with an unresponsive casualty
- ✓ Primary assessment
- ✓ Recovery position
- ✓ Controlling severe bleeding
- ✓ Applying manufactured and improvised tourniquets
- ✓ Using manufactured and improvised dressings to pack wounds

