

Emergency first aid at work (QA level 3 award)



A course for those with specific responsibilities at work looking to become an emergency first aider.

Overview

1 day, maximum of 12 delegates per course

This qualification is based on the HSE training standard for delivery of first aid at work courses for the purpose of the Health and Safety (First Aid) Regulations 1981 (Northern Ireland 1982).

The course is designed to enable delegates to attain knowledge and competencies needed to deal with a range of emergency situations. Delegates should be able to demonstrate practical application of safe, prompt and effective first aid in an emergency situation.

This course caters for higher risk environments.

Structure

The qualification comprises of one mandatory unit with a total of 1 credit and 8 guided learning hours. Written assessments are undertaken at the end of the course whilst practical skills will be assessed continuously throughout.

Who should attend?

The emergency first aid at work course is designed for individuals with specific responsibilities at work or in voluntary or community activities to provide first aid in emergency situations.

Content

Unit 1 – Emergency first aid in the workplace

- Introduction
- The role of the first aider
- Incident and casualty assessment
- Cardiopulmonary resuscitation (CPR) and automated defibrillators (AEDs)
- Recovery position including management of seizure
- Choking
- External bleeding and hypovolaemic shock including tourniquets and haemostatic dressings
- Minor injuries
- Written assessments

Hosted course - £495.00

You choose the date and provide the venue, usually your premises, and we provide the training and any necessary equipment.

For more information and bookings:

email: training@posturite.co.uk

or call: **0345 345 0010**

posturite.co.uk