

# COVID MEASURES FOR ON-SITE TRAINING

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## What do I need to run a course at my premises?

Room size:

Your training space should comfortably accommodate the delegates and trainer with social distancing measures in place. Delegates should be seated 1m plus apart at all times. If floor markings can be used to define delegate areas please set this up ahead of the course.

Face masks/shields:

Should be worn by both delegates and trainers during any practical elements of the course or when distancing of 1m plus cannot be maintained.

Ventilation:

Fresh air ventilation or air filtration that will capture COVID-19 particles must be available in the training space. This can be provided via a ventilation fresh air system, or open windows and doors (not fire doors). Recycled air systems without suitable filtration alone are not acceptable.

Sanitisation station:

There should be a hand sanitising area available in the room/outside the room.

On arrival to the course the trainer will complete a risk assessment to ensure the space meets our requirements. Should they have any issues or questions on arrival the trainer will work to resolve these with you. If they feel the course cannot be completed safely, the training will not take place.

## What do I need to let my staff know?

Guidance for delegates is provided ahead of every training course explaining what COVID-19 measures are in place and what the delegates can expect to find when attending a Posturite course.

All delegates must be reminded that they must not attend if they have any symptoms, have been told to self-isolate, have been in close contact with someone who has symptoms or had a positive test for COVID-19 in the last 10 days (unless they have been fully vaccinated and are daily testing as per the government protocol).

## Unsure if your course can run?

Should your training space not meet the above requirements or comfortably adhere to social distancing measures please contact us to discuss adjustments we may be able to make including reducing the delegate numbers.

Training Dept

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