

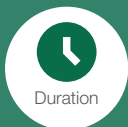


# Display Screen Equipment (DSE) Assessment Foundation



Delivery  
method

On-site



Duration

**One day**  
(minimum six  
contact hours)



Number of  
delegates

Maximum **12 delegates**  
per course

## Aim

This course will take delegates from no knowledge to a competency where they can carry out DSE risk assessments in accordance with the regulations.

## Who Should Attend

Line managers, health and safety professionals, facilities and HR personnel and employees with an interest in DSE and health and safety. There are no formal entry requirements.

## Content

- ✓ Relevant legislation relating to DSE
- ✓ Possible health issues in relation to DSE work
- ✓ 'Correct' DSE workstation layouts
- ✓ Managing the process of DSE assessment and controls
- ✓ DSE assessment theory and review of possible methodologies
- ✓ Common DSE problems and possible solutions
- ✓ Practical demonstration of ergonomic accessories
- ✓ Practical undertaking of a DSE assessment by delegates

## Structure

This course includes theory-based learning plus practical work based around office workstations. Delegates will receive a course pack of relevant materials.

## Outcome

Delegates will gain an understanding of common musculoskeletal disorders, the regulations associated with DSE assessments, an overview of common workstation problems and an insight into possible solutions. They will be provided with the information required to be able to complete standard DSE assessments of workstations in line with the display screen equipment regulations.

## Retraining

Some form of refreshing/retraining is recommended every two-to-three years.

## Trainer

Our trainers are of the highest standard, all holding a relevant teaching qualification such as PTLLS as well as backgrounds as relevant health professionals, or ergonomists with specialist knowledge in the area of DSE.

### For more information, dates and bookings:



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[DSE Assessment - Foundation](#)