



Display Screen Equipment (DSE) Assessment

Foundation



Remote/web course



One day
(minimum six
contact hours)



Maximum **6 delegates**
per course

Aim

This course will take delegates from no knowledge to a competency where they can carry out DSE risk assessments in accordance with the regulations.

Who Should Attend

Line managers, health and safety professionals, facilities and HR personnel and employees with an interest in DSE and health and safety. There are no formal entry requirements.

Content

- ✓ DSE legislation
- ✓ Common health issues
- ✓ Assessments
- ✓ Common problems encountered
- ✓ Practical DSE workstation set-up
- ✓ Equipment options
- ✓ Agile / Mobile working
- ✓ Post-course DSE assessment

Structure

This course is made up of three parts:

Part 1: Pre course study (approx 3 hours study time).

Part 2: Group web training delivered live by a trainer (3 hours including breaks).

Part 3: Post course study where delegates will be expected to have completed some assessments and have a follow-up meeting with the trainer to discuss.

Outcome

Delegates will gain an understanding of common musculoskeletal disorders, the regulations associated with DSE assessments, an overview of common workstation problems and an insight into possible solutions. They will be provided with the information required to be able to complete standard DSE assessments of workstations in line with the display screen equipment regulations.

Retraining

Some form of refreshing/retraining is recommended every two-to-three years.

Trainer

Our trainers are of the highest standard, all holding a relevant teaching qualification such as PTLLS as well as backgrounds as relevant health professionals, or ergonomists with specialist knowledge in the area of DSE.

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