



# Dyslexia: definition, diagnosis and next steps



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# How can I tell if I have dyslexia?

- Find some tasks really easy, others unexpectedly challenging
- Organisation of thoughts and time management
- Sensations of mental overload
- Need to re-read to understand
- Confuse visually similar words
- Find it hard to focus and remember while listening



# How can dyslexia affect self-esteem?

- Feelings of doubt and negative emotions
- Overwork leading to tiredness
- Learning strategies boost self confidence
- Confidence increases with understanding



# What would a diagnostic assessment meeting involve?

- Listening! All about you
- Assessment: Attainment and Cognitive skills
- Other Specific Learning Differences
- Talking! Discussion of diagnosis



# What is auditory working memory?

- Dyslexia as a perceptual difference.
- A brief history of writing.
- The link between reading comprehension and listening comprehension.
- Possible effects in the workplace.



# What would happen after a diagnostic assessment?

- Access to support such as extra time during formal examinations
- Access to reasonable adjustments in the workplace
- Relief and validation



# A personal view

Paths to support  
What next?

## David Mitchell

Enablement Account Manager, Posturite



**A personal view**

**Has my diagnosis  
experience been  
positive?**

A brief history of my journey





# A personal view

## Paths to support

Should I get a diagnostic assessment, benefits for employer and employee



**A personal view**

**I've got a diagnosis -  
what happens next?**

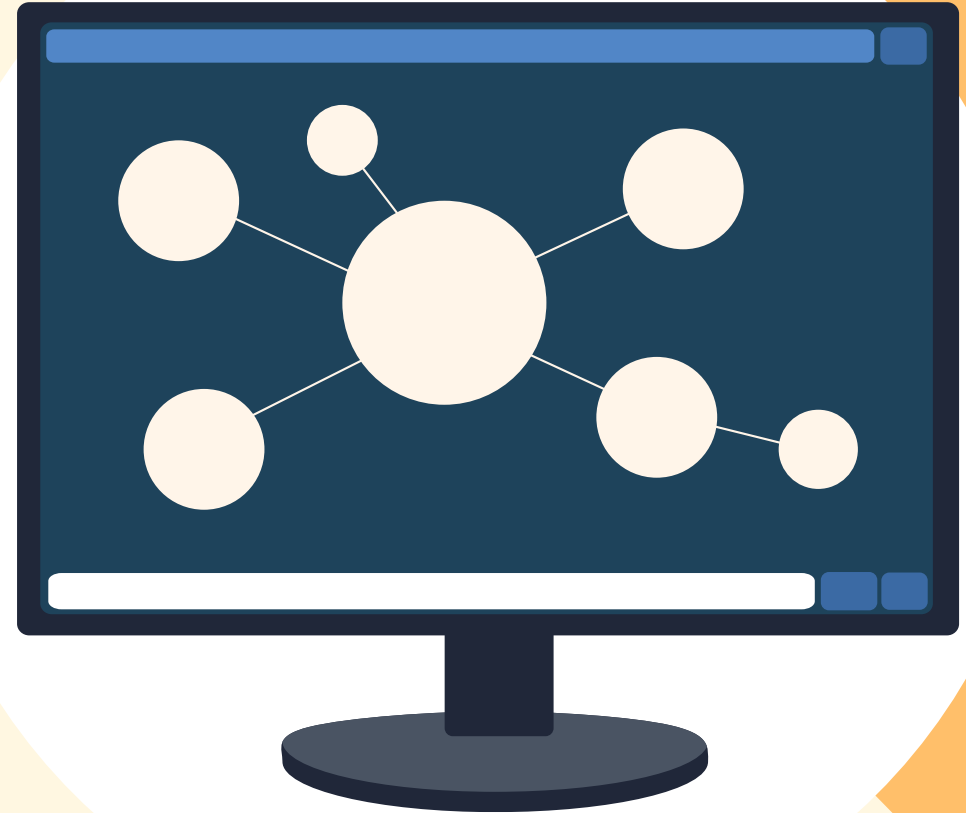


**A personal view**  
**Workplace needs**  
**assessments:**  
**how do I get one?**



## A personal view

- Further adjustments
- Assistive technology
- Training and coaching
- Awareness



## A personal view

- Where do we go next?
- October webinar is an assistive technology special
- What the future holds





Webinar

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