



Webinar

Neurodiversity and me: strategies at work

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Assistive technology

“I have adapted really well to the software... it enables me to do my job fully again, and without the stresses of reading and writing difficulties. My productivity has increased due to the speed that I can work with the software. I can't fault the software or the training at all - both have been excellent!”

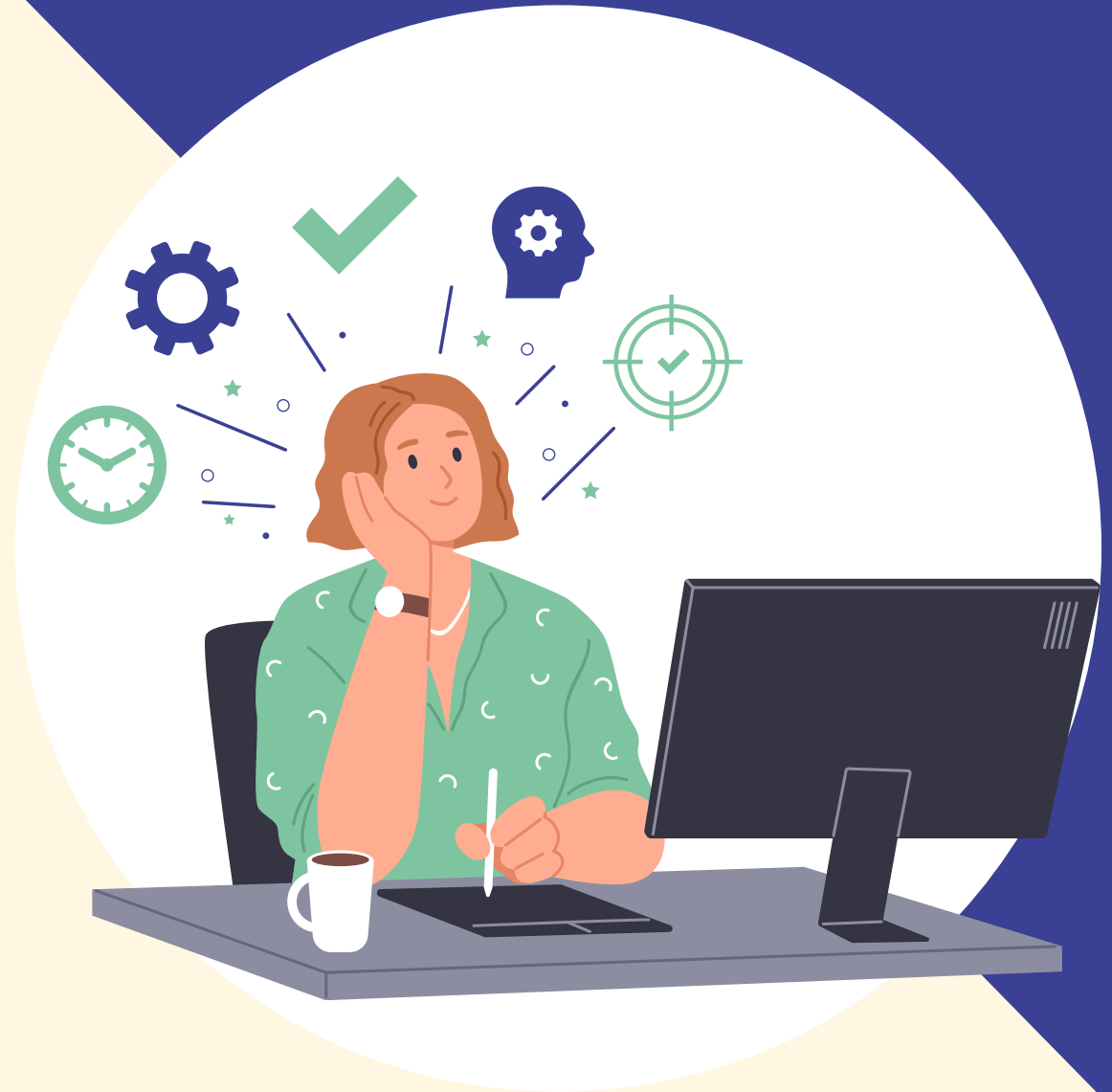
Text to Speech and Speech to Text user



Executive functions

Executive functions encompass a range of cognitive skills essential for the attainment of our objectives. These functions are typically categorised into specific groups:

- Initiation
- Working memory
- Cognitive flexibility
- Focusing
- Time awareness



Text to Speech

- Literacy support
- Instant and discreet
- Increases understanding and focus
- Improves retention
- Can reduce visual stress on screen
- Can be used to organise and collate information
- Not just a reading tool

“The way the training was delivered was perfect for my preferred way to learn”

Text to Speech user



“Made me very comfortable allowed me to ask questions and talked me through everything”

Speech to Text user

Speech to Text

- 3 x faster than typing
- Boosts efficiency and productivity
- Can be programmed to perform repetitive tasks
- Replace the keyboard and mouse
- Tailored to the individual



Mind mapping

A blank visual canvas that can be used for absolutely anything

Use for:

- Task management
- Planning and organisation
- Composing documents, presentations and spreadsheets
- Export maps to Word, PowerPoint and Excel
- Project management
- The order in which users work is not always linear

“Knowledge and communication style meant that I have been able to learn in a safe environment”

Mind mapping user



Note taking software and hardware

- Prioritise live content and take notes subsequently
- Generate notes from in-person and computer-based events
- Include tasks, identify speakers and export to Word
- Access to transcripts
- Versions for desktop and mobile
- Record from a physical device and link recordings to written notes

“The tech is fantastic, allows me to be quicker and more efficient.”

Text to Speech and notetaking software user

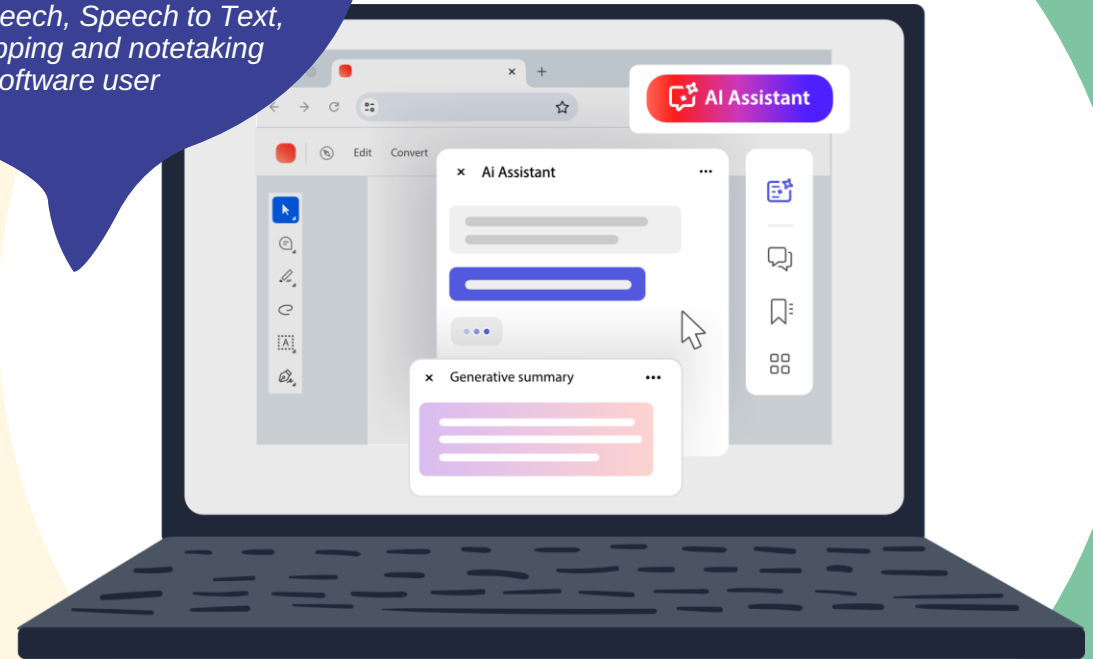


Can AI tools help neurodiversity?

- Provides the individual with a private and safe space to ask questions
- The tool is not only utilised for improving productivity, but it also assists in comprehension and condensing information
- Can help someone with adjusting and changing their tone to make communication easier
- Used to create drafts and help with blank page syndrome
- Can help improve confidence and overcome hesitancy

“Keep doing what you are doing, empowering colleagues with the confidence and knowledge to carry out their roles in a way that works for them individually – thank you”

Text to Speech, Speech to Text, mind mapping and notetaking software user





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