



“My job is important to me”

Working after cancer or stroke

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Our 10 golden rules for employers

‘A complete guide to stroke for
employers’ available on the
[Stroke Association website](https://www.stroke.org.uk/business)



A complete guide to
stroke for employers

Stroke
Association

1

Timing is important

2

Ask the expert

3

Listen

4

Don't make assumptions

5

Respect their privacy

6

**Check guidelines
and policies**

7

Ask about support

8

Create a return-to-work plan

9

Trial and review

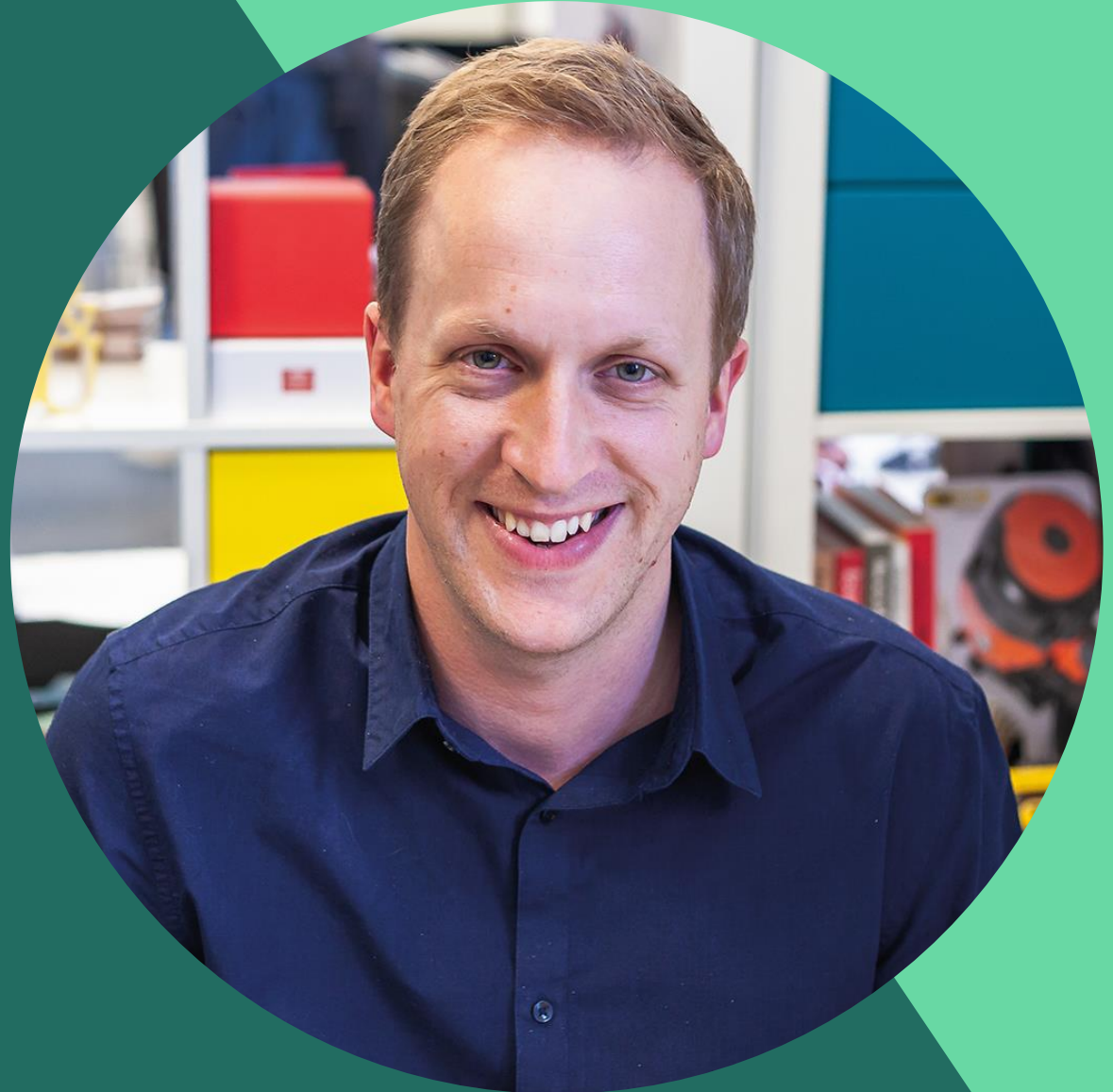
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Be flexible



Matt Eamer

Creative Director, me&you



What was the best and worst thing
a colleague or client said to you
when you returned to work?

What adjustments did you
need when you returned to work?
Hours, routine, any Assistive
Technology, equipment etc

Is it harder or easier to transition
back into work if you are the owner
of a business?



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